

Isle of Man Ship Registry Technical Advisory Notice



Zika Virus

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The World Health Organisation (WHO) has published updated advice concerning the recent outbreak of Zika virus in tropical areas. A copy of the full WHO situation report can be found [here](#).

The Ship Registry requests relevant parties to note that whilst the WHO does not currently recommend any restrictions to travel or trade, there are a number of suggested precautions to implement when operating in affected areas. These are as follows:

- Using insect repellent, which should be reapplied frequently. The most effective repellents contain Diethyltoluamide (DEET).
- Wearing clothes (preferably light-coloured) that cover as much of the body as possible
- Using physical barriers such as screens, closed doors and port holes. Natural air ventilators should be kept shut.
- Ensure that areas on decks where rain water may gather are frequently emptied or drained so that mosquitoes cannot use them to breed

Crew on ships operating permanently in an affected area may also wish to consider sleeping under mosquito nets, particularly during the day when Aedes mosquitos are most active.

Female crew members who are or may be pregnant and have been exposed to Zika virus may wish to consult with their health-care providers for close monitoring of their pregnancies.

Please note - The Isle of Man Ship Registry cannot give legal advice. Where this document provides guidance on the law it should not be regarded as definitive. The way the law applies to any particular case can vary according to circumstances - for example, from vessel to vessel. You should consider seeking independent legal advice if you are unsure of your own legal position

